

Recovery Training Association

Light Course Tel 01492 514300 www.vehiclerecoverytraining.co.uk

Health and Safety info

Roadside Safety Procedures

Understanding LOLER Regulations

Understanding PUWER Regulations

Understanding loads on winch systems

Safety info into Winch Operations

Understanding

Single Line Pull

Double Line Pull

Indirect Pull

Loads at Angles

Understanding what is a shock load

Winch calculations

Demonstration of

Pre use inspections information on

Snatch Blocks

Chains

Winch Ropes

Shackles

Webbing Straps

Lashing Points

Demonstration of

Roadside Safety Procedures

Correct use of Slidebed

Correct use of Spec Frame

Correct Loading and Lashing

Correct use of Winch

Correct set up of 2-1 winch layout

Correct set up of (indirect winch layout)

Correct use of winch equipment on uneven ground

Correct procedures to upright a light vehicle

Load a vehicle with steering on full lock

Load a vehicle into spec frame forward / rearward

Procedures to load a car with extensive damage

Student Practical Assessment of above

Student theory Test on above

Recommended Course Length min 2 days with max 8 students